



**School Meals Menus – Spring Term 2022**

Children in Reception, Year 1 and Year 2 are entitled to a free school meal through the Universal Infant Free School Meals Scheme. Eligible children in Key Stage 2 (Years 3 to 6) are also entitled to Free School Meals. To find out if your child is eligible for Free School Meals apply through Devon County Council's [Citizens Portal](#). If your application is successful, please send proof of eligibility to the school office (admin@landkey-primary.devon.sch.uk).

School Meals cost £2.35 per meal. Our preferred method of payment is via MCAS (the My Child At School Parent Portal).

Please speak to Sam or Michelle in the school office if you need your MCAS login details.

**Weeks commencing: 03 January, 24 January, 14 February, 14 March, 04 April**

Week 1 Menu	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b>	Meatballs in Tomato Sauce	Lasagne & Garlic Bread	Roast Chicken & Stuffing	Beef Burger in a Bun	Fish Fingers & Tomato Sauce
<b>Option 2</b>	Roasted Vegetable & Quorn Bolognese	Butternut Squash Risotto	Roast Quorn Fillet	Cauliflower Cheese	Cheese Wheels
<b>Sides</b>	Spaghetti Peas & Green Beans	Sweetcorn	Roast Potatoes Mashed Potatoes Broccoli & Carrots	Potato Wedges Baked Beans Mixed Vegetables	Chips Vegetable Sticks
<b>Option 3</b>	Jacket Potato Baked Beans & Cheese	Jacket Potato Baked Beans & Cheese	Jacket Potato Baked Beans & Cheese	Jacket Potato Baked Beans & Cheese	Jacket Potato Baked Beans & Cheese
<b>Option 4 (Years 3 to 6 Only)</b>	Picnic Lunch	Picnic Lunch	Picnic Lunch	Picnic Lunch	Picnic Lunch
<b>Dessert</b>	Iced Apple & Ginger Cake Yogurt Fresh Fruit Salad	Fruit Jelly & Ice Cream Yogurt Fresh Fruit Salad	Fresh Fruit Platter Yogurt Fresh Fruit Salad	Sticky Chocolate Cake & Chocolate Sauce Yogurt Fresh Fruit Salad	Muesli Crunch Yogurt Fresh Fruit Salad

**Weeks commencing: 10 January, 31 January, 28 February, 21 March**

Week 2 Menu	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b>	Oven Baked Sausages	Salmon & Sweet Chilli Noodles	Roast Beef & Yorkshire Pudding	Margarita Pizza Baguette	Fish Fillet & Tomato Sauce
<b>Option 2</b>	Quorn Sausages	Macaroni Cheese	Lentil & Bean Roast	Quorn & Vegetable Fajita	Veggie Fingers
<b>Sides</b>	Mashed Potatoes Baked Beans Peas	Carrots Sweetcorn	Roast Potatoes Mashed Potatoes Broccoli & Carrots	Penne Pasta Baked Beans	Chips Vegetable Sticks
<b>Option 3</b>	Jacket Potato Baked Beans & Cheese	Jacket Potato Baked Beans & Cheese	Jacket Potato Baked Beans & Cheese	Jacket Potato Baked Beans & Cheese	Jacket Potato Baked Beans & Cheese
<b>Option 4 (Years 3 to 6 Only)</b>	Picnic Lunch	Picnic Lunch	Picnic Lunch	Picnic Lunch	Picnic Lunch
<b>Dessert</b>	Sticky Toffee Pudding & Custard Yogurt Fresh Fruit Salad	Flapjack Yogurt Fresh Fruit Salad	Fresh Fruit Platter Yogurt Fresh Fruit Salad	Crunchy Apple Cake & Custard Yogurt Fresh Fruit Salad	Chocolate Cookie Yogurt Fresh Fruit Salad



Weeks commencing: 17 January, 07 February, 07 March, 28 March

Week 3 Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Chicken Fajitas	Tomato Pasta Bake & Garlic Bread	Roast Pork & Apple Sauce	All day Breakfast Brunch	Battered Fish Fillet & Tomato Sauce
Option 2	Vegetable Chilli	Sweet Potato and Lentil Curry & Rice	Cheese & Tomato Slice	Vegetarian Brunch	Quorn Dippers
Sides	Boiled Rice Peas & Carrots	Sweetcorn	Roast Potatoes Mashed Potatoes Broccoli & Carrots	Hash Browns Baked Beans Mixed Vegetables	Chips Vegetable Sticks
Option 3	Jacket Potato Baked Beans & Cheese	Jacket Potato Baked Beans & Cheese	Jacket Potato Baked Beans & Cheese	Jacket Potato Baked Beans & Cheese	Jacket Potato Baked Beans & Cheese
Option 4 (Years 3 to 6 Only)	Picnic Lunch	Picnic Lunch	Picnic Lunch	Picnic Lunch	Picnic Lunch
Dessert	Chocolate Cracknell Yogurt Fresh Fruit Salad	Apple Squares Yogurt Fresh Fruit Salad	Fresh Fruit Platter Yogurt Fresh Fruit Salad	Toffee Banana Cake & Custard Yogurt Fresh Fruit Salad	Jammy Dodger Yogurt Fresh Fruit Salad